

# John Silverwood

Rancho Santa Fe, CA

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## **OBJECTIVE**

Seeking speaking opportunities to inspire audiences with true stories of adventure, courage, terror and hope. Topics include mental health, motivation, life balance, health and wellness, leadership, and family.

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## **PERSONAL**

Captain: Delivery Skipper 1978 – 1985; Atlantic seaboard/Caribbean. Sailing vessel EMERALD JANE; 55-foot catamaran, sailed 18,000 open ocean miles, 2003 – 2005

Public Speaker – 2007-present

Co-Writer with wife, Jean Silverwood—*BLACK WAVE* nonfiction book; published by Random House; 2006 – 2008.

Guest: *Black Wave* book tours, media interviews 2008-present.

Founder: GodSwell, a nonprofit that provides healing and hope to those physically challenged by a disability or illness through the tranquility and adventure of sailing, 2015-present.

## **EDUCATION**

Colgate University, Geology, 1976

## **EXPERIENCE**

United Engineers & Construction Inc.: Construction management of both fossil-fueled and nuclear power plants, 1970-78.

Island Block Co., Charlotte Amalie, St, Thomas U.S.V.I.: Construction and purchasing manager, 1980-85.

Silverwood Homes: Vice President; Developed land and managed construction of over 300 homes, 1985-93.

Benamel Development: President and sole owner, developed over 180 completed homes, 1994 – 2003.

Owner and manager of small apartments in San Diego County, 2009-present day.

## **ACTIVE MEMBERSHIPS & INTERESTS**

- Boy Scouts of America, San Diego/Imperial Council, Board Member
  - Screen Actors Guild
  - Soul Survivor Outdoor Volunteer Captain
  - Challenged Athletes Foundation (CAF)
  - Yacht Restoration Harbaugh Foundation
  - Maranatha Church Men's Group
  - Nativity Catholic Church Men's Group
  - Coaching Rancho Santa Fe Little League
  - YMCA Guides and Princesses
  - Kingdom Writers Association
  - Swimming
  - Weight training
  - Certified Scuba diver
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### **PROFESSIONAL AFFILIATIONS**

- BIA-Building industry of America
- NAHB-National Association of Home Builders
- San Diego County Apartment Association
- Ocean Cruising Club
- Mensa
- National Safe Boating Council